



## **MONTHLY EXPENSE SUMMARY**

Your source of income and financial wellness can be at risk if you suffer an accident or injury that leaves you unable to work.

Take a look at this list of common monthly expenses and ask yourself, "Without my regular paycheck, what are some of the things I might have to do without?"

Disability insurance can play a key role in helping secure and protect your financial wellness plan.

## **MONTHLY EXPENSE SUMMARY**

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Household Related Expenses:	
Mortgage / Rent	\$
Condominium / Association Fees	\$
Homeowner's Insurance (if not included in mortgage payment)	\$
Property Taxes (if not included in mortgage payment)	\$
Phone Charges – Cellular and Landline	\$
Utilities — Heat (Gas/Oil) / Electric / AC / Water / Sewer	\$
Cable / Satellite TV	\$
Home Maintenance / Property Care / Cleaning Supplies	\$
Total Household Expense:	\$
General Expenses:	
Alimony / Child Support	\$
Child Care / Elder Care	\$
Groceries	\$
Pet Care and Food	\$
Clothing / Dry Cleaning	\$
Gym / Sports / Hobbies (golf, tennis, etc.)	\$
Vacation	\$
Entertainment (movies, dining out)	\$
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## **MONTHLY EXPENSE SUMMARY**

General Expenses Continued:	
Tuition Costs / Education	\$
Debts (Credit Cards, Student or other Loan Payments)	\$
Gifts (birthday, anniversary)	\$
Charitable Donations	\$
Emergency Fund	\$
Hygiene Products & Services	\$
Other General	\$
Total General Expense:	\$
Transportation Related Expenses:	
Vehicle Loans	\$
Vehicle Insurance	\$
Gas / Tolls	\$
License / Registration	\$
Maintenance	\$
Bus / Train / Taxi / Parking	\$
Other Transportation (boat, motorcycle, etc.)	\$
Total Transportation Related Expense:	\$
Medical & Insurance Related Expenses:	
Health Insurance Premiums	\$
Other Insurance Premiums (Life, Long Term Care, Disability)	\$
Out-of-pocket medical expenses & co-pays	\$
Home Care	\$
Other Medical & Insurance	\$
Total Medical & Insurance Related Expense:	\$